

# Nursery - Y6

## Physical Education Curriculum Overview

### 2022-2023

	Autumn 1		Autumn 2		Spring 1		Spring 2		Summer 1		Summer 2	
<b>Nursery</b>	Basic movement skills	Basic movement skills	Gym /dance	Gym /dance	Throwing and catching	Throwing and catching	Chase and tag games	Chase and tag games	Athletics and sports day	Athletics and sports day	Striking games	Striking games
<b>FS2</b>	Fundamental Movement games	Target Games	Gymnastics	Bike skills	Dance	Throwing skills	Tag games	Throwing and catching games	Athletics	Shooting skills	Sports day skills	Problem solving OAA
<b>Y1</b>	Tag game Fundamentals (Fundamentals)	Uni hockey	Outdoor Adventurous Activities (Team Building)	Gymnastics	Health and fitness (Fitness)	Dance	Yoga	Invasion shooting games (Ball Skills)	Throwing and catching (Sending and Receiving)	Athletics	Football (Invasion)	Tennis (Net and Wall)
<b>Y2</b>	Tag game fundamentals (Fundamentals)	Uni hockey	Outdoor Adventurous Activities (Team Building)	Gymnastics	Health and fitness (Fitness)	Dance	Yoga	Invasion shooting games (Ball Skills)	Throwing and catching (Sending and Receiving)	Athletics	Football (Invasion)	Tennis (Net and Wall)
<b>Y3</b>	Tag rugby	Basketball	Yoga	Gymnastics	Fitness and X country (Fitness)	Dance	Football	Hockey	Tennis	Athletics	Cricket	Outdoor Adventurous Activities
<b>Y4</b>	Tag rugby	Basketball	Yoga	Gymnastics	Fitness and X country (Fitness)	Dance	Football	Hockey	Tennis	Athletics	Cricket	Outdoor Adventurous Activities
<b>Y5</b>	Football	Basketball	Tag rugby	Gymnastics	Fitness and X country (Fitness)	Dance	Netball	Yoga	Cricket	Athletics	Volleyball	Rounders
<b>Y6</b>	Football	Basketball	Tag rugby	Gymnastics	Fitness and X country (Fitness)	Dance	Netball	Yoga	Cricket	Athletics	Volleyball	Rounders